

# February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please Note-Events in GREEN require prior *sign-up in the Hobby Room</p>	<p><b>LOCATION KEY</b></p> <p>(A) Auditorium (BWC) Baker-West Classroom (BWBR) Baker-West Board Room (B) Bistro (BG) Birch Grove (GSR) Golf Simulator Room (CLB) Club Room</p>	<p>(CON) Conservatory (CR) Card Room (FC) Fitness Center (GR) Games Room (HR) Hobby Room (H) Hunt Room (MDR) Main Dining Room (WC) Wellness Center</p>	<p><b>FEBRUARY</b> In the silence of a February morn, Frost kisses each leaf, adorned. Bare trees stand in solemn grace, Under the winter's cold embrace. A whisper through the air does weave, Of spring beneath the snow's thick sleeve. In this quiet, a promise lies, Of warmer days under bluer skies.</p>	<p><i>"There are only two ways of exerting one's strength, pushing up or pulling down."</i> - Booker T. Washington</p>		<p><b>1</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (CON) 10:30 Rummikub (CR) 11:00 Movie: <i>It Ends with Us</i> (A) <b>2:00 Documentary: Becoming Motown (A)</b> 4:05 Transportation to St. Margaret Mary Church 7:30 Movie: <i>Defending Your Life</i>(A)</p>
<p><b>2</b> 11:30 BINGO (BWC) 1:00 Dover Church Service (A) 1:30 Mah Jongg (GR) 2:00 Winter Landscape Painting* with Christine (HR) 7:30 Movie: <i>The Piano Lesson</i> (A)</p>	<p><b>3</b> 9:30 &amp; 10:15 Trip to Roche Bros. 11:00 Meditation Mondays (A) 1:00 FHV Bells Rehearsal (BWC) 1:30 Chicago Bridge (CR) 1:30 Zumba (FC) 2:30 "Man on the Inside" (A) 3:00 Celebrating Norman Rockwell (BG) 7:30 Met Opera: "Madama Butterfly" 2016 (A)</p>	<p><b>4</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) <b>10:30 FHV CHORUS (A)</b> 10:15 Sit &amp; Get Fit (FC) <b>11:00 Kitchen Tours—SIGN UP (H)</b> 1:30 YOGA (FC) 2:30 St. Paul's Episcopal Service (BWC)  <b>2:30 JFK Library Forum :The Highest Calling- Conversations on the American Presidency (A)</b></p>	<p><b>5</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Acupuncturist by appt. (WC) 10:00 Tai Chi (FC) <b>10:30 Resident Meeting (A)</b> 11:00 Tai Chi (FC) <b>12:15 Poetry &amp; Pizza (A)</b> 2:30 Rummikub (CR) 2:00 SCOPA (PR) <b>2:00 Concert: at the Hollywood Bowl: Henry Mancini at 100 (A)</b> 7:30 Movie : <i>La Strada</i> (A)</p>	<p><b>6</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) <b>10:00 Trans To Devens Lect./MFA (\$)</b> 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) 1:30 Balance Basics (FC) <b>2:30 Speaker Series: Prof. David Smalles "Immigration Crisis in America" Part 1 (A)</b> 4:00 Intermediate French (BWC)</p>	<p><b>7</b> 9:00 Floor, Core, &amp; More (FC) 10:00 Blood Pressure Clinic (WC) 11:00 Trivial Pursuit (GR) <b>11:00 Bus to BSO Concert Series A (\$)</b> 1:00 Shuffleboard Games (PR) 1:30 Mah Jongg (GR) <b>3:00 Health &amp; Wellness Talk "Jumpstart your Health with Good Nutrition" with NWH RD Jane Barr (A)</b> 3:00 Advanced French Group (PR) 7:30 Movie: <i>The Wild Robot</i> (A)</p>	<p><b>8</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (BWC) 10:30 Rummikub (CR) 11:00 Movie : <i>The Wild Robot</i> (A) <b>2:30 CONCERT: Violinist Sarita Uranovskiy(A)</b> 4:05 Transportation to St. Margaret Mary Church 7:30 Movie : <i>Lincoln</i>(A)</p>
<p><b>9</b> 11:30 BINGO (BWC) <b>12:00 "Funny Girl" National Tour at the Opera House in Boston (\$)</b> 1:30 Mah Jongg (GR) <b>2:30 Documentary: Fashion Icon IRIS APFEL (A)</b>  <b>6:00 Come watch the SUPERBOWL on the big screen (A)</b></p>	<p><b>10</b> 9:30 &amp; 10:15 Trip to Roche Bros. 11:00 Meditation (A) 1:30 Chicago Bridge (CR) 1:00 FHV Bells Rehearsal (BWC) 1:30 Zumba (FC) <b>2:00 The Dating Game (A)</b></p>	<p><b>11</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV CHORUS (A)</b> 1:30 YOGA (FC) <b>2:00 Book Discussion Group (A) Percival Everett's James</b></p>	<p><b>12</b> 8:40 &amp; 9:30 Exercise Videos (A) <b>9:30 New Comer Orientation</b> (BWBR) 10:00 Tai Chi (FC) 11:00 Tai Chi (FC) 2:00 SCOPA (PR) 2:00 Heart Failure Education and Support Group (PDR) <b>2:00 Peter, Paul &amp; Mary Music Program (with Frank King A)</b> 2:30 Rummikub (CR) <b>5:30 BHM Event: Dinner &amp; 92nd ST Y Livestream Lecture "How We Heal" (A)</b></p>	<p><b>13</b> 8:45 &amp; 9:30 Balance &amp; Strength 9:30 Duplicate Bridge (\$) (GR) <b>10:45 PEABODY ESSEX MUSEUM TRIP* (Sign-up)</b> 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) 1:00 Loss Support Group (BWBR) 1:30 Balance Basics (FC) <b>2:30 Speaker Series: Prof. David Smalles "Immigration Crisis in America" Part 2 (A)</b> 4:00 Intermediate French (BWC)</p>	<p><b>14</b> 9:00 Floor, Core, &amp; More (FC) <b>9:30 Caregiver Support Group (PDR)</b> 11:00 Trivial Pursuit (GR) <b>11:00 Bus to BSO Concert Series B (\$)</b> 1:00 Shuffleboard Games (PR) 1:30 Mah Jongg (GR) 3:00 Advanced French Group (PR) <b>5:00 VALENTINE'S DINNER &amp; DJ (Main Dining Room)</b> 7:30 Movie: <i>Casablanca</i> (A)</p>	<p><b>15</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (BWC) 10:30 Rummikub (CR) 11:00 Movie: <i>Casablanca</i> (A) <b>2:30 BHM Event: Singer Robert McFletcher Jones &amp; Band Concert (A)</b> 4:05 Transportation to St. Margaret Mary Church 7:30 Movie: <i>Carry-On</i> (A)</p>
<p><b>16</b> 9:00 Westwood Tailor (BWC) 9:30 Bus to Dover Church <b>11:30 BINGO (BWC)</b> 1:30 Mah Jongg (GR) <b>2:30 SCATTERGORIES Game with Christine (HR)</b> 7:30 Movie: <i>Shirley</i> (A)</p>	<p><b>17 President's Day</b> 8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 11:00 Meditation Mondays (A) 1:00 FHV Bells Rehearsal (BWC) 1:30 Chicago Bridge (CR) 1:30 Zumba (FC) <b>2:30 US Presidential Team Trivia (A)</b></p>	<p><b>18</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV CHORUS (A)</b> 1:30 YOGA (FC) <b>2:30 Health &amp; Wellness Lecture: Ensuring Your Legal Health with Elder Law Attorney Kate Downes (A)</b></p>	<p><b>19</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Acupuncturist by appt. (WC) 10:00 Tai Chi (FC) 11:00 Tai Chi (FC) <b>11:00 Trip to Trader Joe's*</b> 2:00 SCOPA (PR) <b>2:30 Short Story Discussion*</b> 2:30 Rummikub (CR) 7:30 Movie : <i>Superman: The Christopher Reed Story</i> (A)</p>	<p><b>20</b> 8:45 &amp; 9:30 Balance &amp; Strength 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) <b>11:00 Catholic Mass (A)</b> 1:00 Poker (PR) 1:30 Balance Basics (FC) <b>2:30 Speaker Series: The Oscars with Film Critic Ty Burr (A)</b> 4:00 Intermediate French (BWC)</p>	<p><b>21</b> 8:45 &amp; 9:30 Balance &amp; Strength 9:00 Floor, Core, &amp; More (FC) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) <b>11:00 Bus to BSO Concert Series B (\$)</b> 11:00 Trivial Pursuit (GR) 1:00 Poker (PR) 3:00 Advanced French Group (PR) <b>2:00 BWay on the Big Screen: If I Forget</b> 7:30 Movie: <i>CONCLAVE</i> (A)</p>	<p><b>22</b> 8:40 &amp; 9:30 Exercise Videos A 10:00 Coffee Social (BWC) 10:30 Rummikub (CR) 11:00 Movie: <i>CONCLAVE</i> (A) <b>2:30 Walpole HS TRI-M Music Performance (A)</b> 4:05 Transportation to St. Margaret Mary Church 7:30 Movie: <i>The Prestige</i> (A)</p>
<p><b>23</b> 11:30 BINGO (BWC) 1:30 Mah Jongg (GR) <b>2:30 Eleanor Perrone Piano Duo Concert (A)</b>  7:30 Movie: <i>The Six Triple Eight</i> (A)</p>	<p><b>24</b> 8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 11:00 Meditation Mondays (A) 1:00 FHV Bells Rehearsal (BWC) 1:30 Chicago Bridge (CR) 1:30 Zumba (FC) <b>2:30 Current Events with Alison King (A)</b></p>	<p><b>25</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV CHORUS (A)</b> 1:30 YOGA (FC) 2:00 Java with Jackie &amp; Linda : Meditation &amp; Spreading Kindness (PR) <b>2:00 Great Decisions Video and Discussion (A)</b> <b>7:15 B'Way on the Big Screen: If I Forget (A)</b></p>	<p><b>26</b> 8:40 &amp; 9:30 Exercise Videos (A) 10:00 Tai Chi (FC) 11:00 Tai Chi (FC) 2:00 SCOPA (PR) 2:30 Rummikub (CR) <b>2:30 TED TALKS (A)</b> <b>4:00 February Birthday Cocktail Hour (A)</b> 7:30 Movie: <i>Blink</i> (A)</p>	<p><b>27</b> 8:45 &amp; 9:30 Balance &amp; Strength 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) 1:30 Balance Basics (FC) <b>2:30 Speaker Series: Author Emily Franklin on Isabella Stewart Gardner in "The Lioness in Winter" (A)</b> 4:00 Intermediate French (BWC)</p>	<p><b>28</b> 8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:00 Floor, Core, &amp; More (FC) 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 11:00 Trivial Pursuit (GR) <b>11:00 Bus to BSO Concert Series B (\$)</b> 1:00 Poker (PR) <b>3:00 BOOZY BINGO (A)</b> 3:00 Advanced French Group (PR) 7:30 Movie: <i>Arsenic &amp; Old Lace</i> (A)</p>	